





# ReGeneration

**UrbanLab** for Green Cities București, 17-19 noiembrie 2023



# Team no 1. ReGeneration





#### Petrescu Ioan Radu

I'm a fourth-year architecture student who also serves as a trainer and community manager at Hub-ul de Cărămidă.

#### Manoliu Maria-Alexandra

I am a student at the "Eugen Lovinescu" Theoretical High School, in the 11th grade, following a bilingual Portuguese philology program. I serve as the president of the Student Council at my school.

#### Matei Miruna-Gabriela

I am a student at "Eugen Lovinescu" Theoretical High School, in the 11th grade, following a humanities profile with a bilingual specialization in Portuguese philology. I hold the position of Executive Secretary in the Student Council.





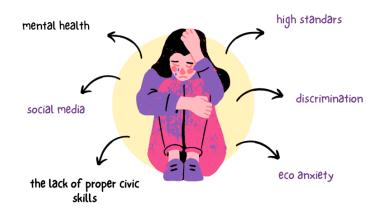
### The problem

#### **Short description of the problem:**

- Addressing the lack of civic spirit in teenagers
  requires tackling poor education and its mental health
  impact. A strong educational community can create an
  environment conducive to nurturing a robust civic spirit,
  promoting mental balance, and fostering an engaged,
  socially connected generation.
- Teenagers' mental well-being. Promoting open discussions and access to support resources, such as school counselors, is essential. Mental health education in schools and communities is a key strategy to increase awareness and effectively address the mental health challenges faced by teenagers.

a poor mental health cannot contribute to the health of the planet

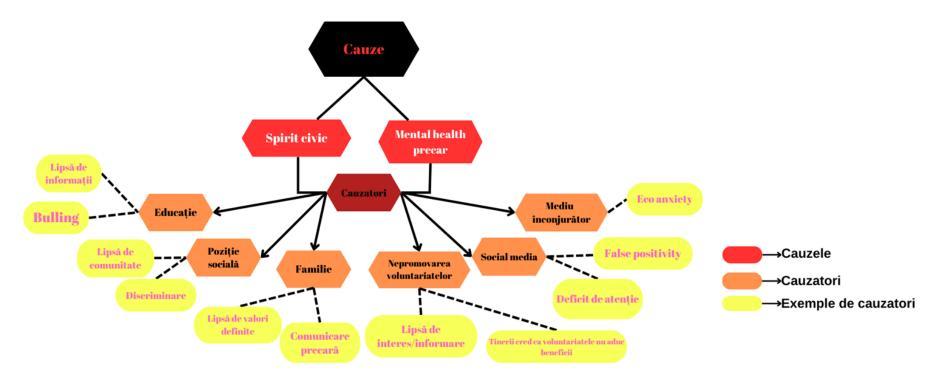
#### TODAY'S TEENAGERS







## The problem-VISUAL SYSTEMATIC DECOMPOSITION



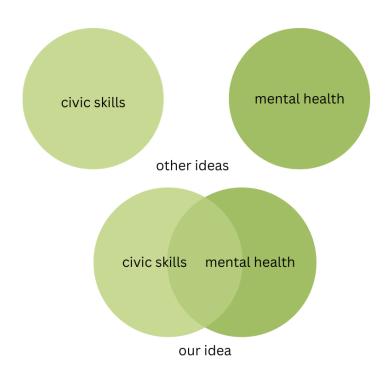




## **Already Existing solutions**

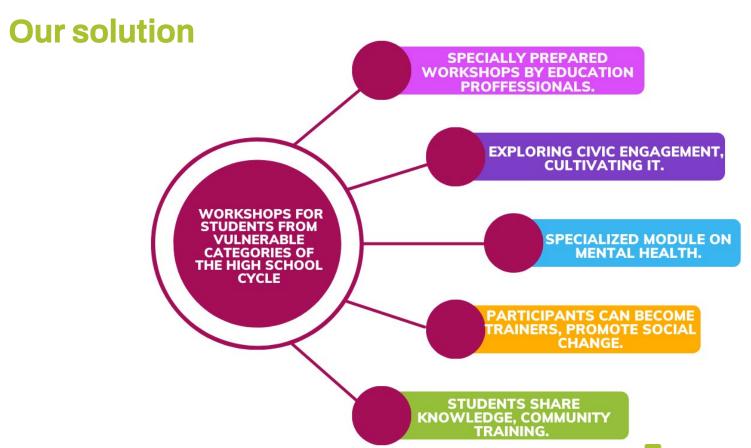
There are various associations and NGOs already working in the area of mental health and citizenship, but not together, but as separate identities.

- Asociația română pentru Educație, Cultură și Normalitate, which deals with the development of civic spirit and the strengthening of education
- Asociaţia Şansa Ta, which is with the organizing of charity events to support the development of vulnerable environments,
- Asociaţia Pro Educaţie, which promotes education





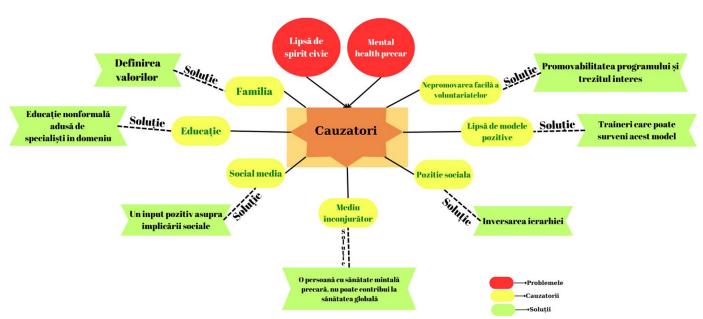








### **Our solution- SYSTEMATIC DECOMPOSITION**

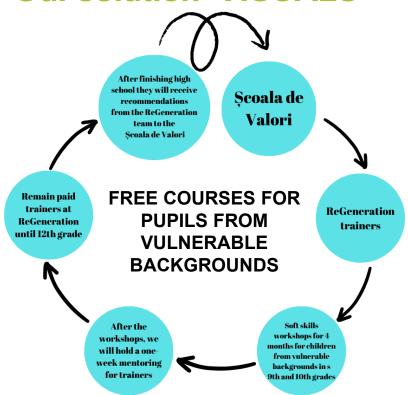


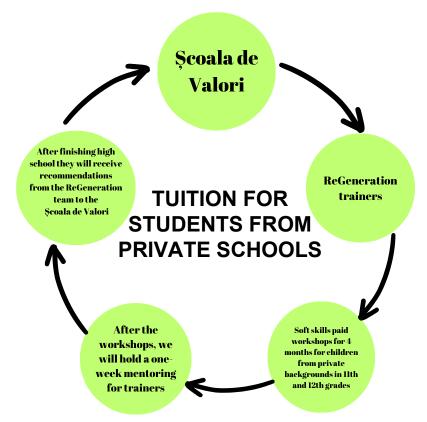






#### **Our solution- VISUALS**









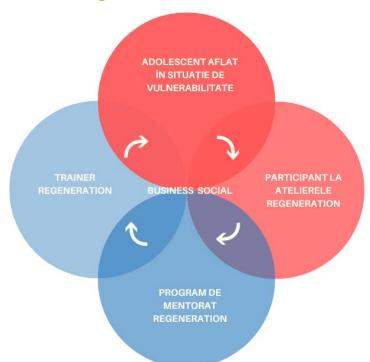
# The solution-competitive advantage

	Soluția noastră	Competiție Asociația română pentru Educație, Cultură și Normalitate	<b>Competiție</b> Asociația Șansa Ta	Competiție PRo educatie
Focus on specific age group	≪	×	×	×
Focus on social categories	∜	≪	×	×
Diversity	∜	×	≪	≪
Business Sustenability	<	≪	×	≪
Free pass for vulenerable categories	<	×	×	×
Resourses already had (the space, the trainers, the brand)	<	≪	∜	≪



# **Potential for replicability**







Furthermore, participants can extend their impact to their communities, creating a cyclical nature to the program. Each generation completes a 4-year cycle





### Implementation plan

Creation of partners (schools, ONGs, etc.) Conclusion of contracts
with participants

Mentoring by trainers for one week Workshops held by participants up to grade 12after high school graduation During college I can share my work at Scoala de Valori

Identification of participants

Students in grades 9 and 10 can benefit from soft skills workshops for 4 months Taking the diploma from Regeneration After high school, ReGeneration makes a recommendation to the Scoala de Valori









#### **COSTS**

Costs	Price	Pieces	Total
trainer( 2/workshop)	50 RON/h	4 h/ per training (8 workshops)	=3200
Coffee break	150 RON/ workshop	8	=1200
Unpredictable expenses	150 ron / month	4 months	=600
Total costs			5000 RON





#### ReGeneration

### Thank you!

a poor mental health cannot contribute to the health of the planet







